



Important Dates

Year 7 Retreat Thursday 10 June Queen's Birthday Public Holiday Monday 14 June Year 11 Exams Commences Tuesday 15 June Year 10 Retreat -Day 1

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Day 2

Wednesday 16 June

Year 10 Retreat -

Year 11 Exams Concludes

Thursday 17 June

Year 10 Retreat -Day 3

Thursday 17 June

Student Free Day

Friday 18 June

Tuesday 15 June

Year 10 Futures Week Commences

Monday 21 June

Year 12 Parent Teacher Night

Tuesday 22 June

Year 10 Immunisations

Friday 25 June

Year 10 Futures Week Concludes

Friday 25 June

Good News Assembly

Thursday 1 July

Upcoming Events

Come 'n' Try MacKillop Day

Date: Thursday 12 August Venue: Mary MacKillop College - Kensington Principal's Tour

Date: Tuesday 17 August Time: 5:00pm

Venue: Mary MacKillop College - Kensington

04.06.21

From the Principal

Kath McGuigan

We have passed the half way mark of the term and the College is a very busy place. As well as our classroom learning, we have had visits from our 2022 Year 7 students at their first Transition Day of the year. Mary MacKillop College has three transition days. Research tells us that the more students visit their prospective secondary schools the better experience they have when they finally move to a secondary school setting.

Many girls have already registered to attend our next Come 'n' Try Day in August. Come 'n' Try Days are a wonderful opportunity for your Year 5 or 6 daughter/s to spend the day with us as a MacKillop girl. They will meet our staff and students while being involved in a range of interactive lessons and meeting new friends. To register your daughter for our next Come 'n' Try Day, please visit our website.

Final preparations are underway for the Year 10 Retreat. Staff and students will travel to Penola, visit the Mary MacKillop Centre and meet up with the students from Mary MacKillop Memorial School. This retreat is an opportunity for our students to revisit the story of Mary MacKillop in the small town of Penola where it all started.

Last week, we celebrated 200 Years of Catholic Education in Australia. Mrs Sotira and our College Captains attended the Mass at St Francis Xavier Cathedral. I was struck by the reflection from Dr Neil McGoran, which highlighted the history and achievements of Catholic Education.

Without doubt, while Saint Mary of the Cross MacKillop and Father Tenison-Woods inspire us in many ways, their achievements remind us of the importance of partnership and collaboration.

And, perhaps, too, of the vitality of Saint Mary's audacity and courage, to which we all still aspire.

The nearly 250,000 staff and volunteers- clergy, religious and lay, who across this vast period have ministered in schools, institutions, and offices; on committees; in associations; as advocates; or as dear friends. Many for almost a lifetime.

During this period, it is likely that close to 800,000 students have been educated in one of our schools or institutions, at least for a time.

At our recent assembly, all members of our College community received their Commemorative pin celebrating the 200 years.

National Sorry Day was held last week on 26 May. The first National Sorry Day was in 1998 and its purpose was to remember and commemorate the mistreatment of Australia's indigenous population. It is 13 years since Kevin Rudd moved a motion of Apology to Australia's Indigenous people. It was a very moving speech and this formal apology was made on behalf of successive parliaments and governments whose policies and laws, "inflicted profound grief, suffering and loss."

Sr Margaret Lamb, past Principal of Mary MacKillop College, passed away peacefully on 7 May 2021. Her funeral mass was held at St Ignatius Church on 13 May. She was a feisty woman and a strong advocate for social justice, particularly refugees. We laughed at the stories of her driving skills and the wonderful image of a young sister of St Joseph in full habit sitting in the front bar of a country pub. Margaret was Principal from 1990 until 2000 and was instrumental in ensuring that we were able to have our wonderful gymnasium.



03.06.21

From the Deputy Principal

Louis de Jager

We have reached the halfway mark in our second term and I congratulate our students for the manner in which they are engaging with their teachers and their learning. I encourage parents to talk to their daughter about her studies. It is so important to ask questions to support their learning.

As mid-year examinations and final assessments are imminent, it is timely to consider one of the main causes as to why students struggle to attain their best results. One might think that memory, learning techniques, self-regulatory failure, cramming or lack of focus are the problem. Instead, procrastination is often the greatest inhibiter.

Piers Steel in his book The Procrastination Equation describes academic procrastination as a self-destructive habit that can be addressed with an appreciation of the following equation:

Motivation to undertake a task comes down to Expectancy (chance of the outcome actually occurring) Value (the judgement of whether the outcome is rewarding). Impulsiveness (ability to postpone gratification) and Delay (the closer the deadline the greater the need to accomplish it). When considering a typical student, impulsiveness and delay are key to their preparation for examinations and final assessments.

The examinations are weeks away so it is normal for students to find short-term priorities such as an assignment due tomorrow to

distract them from examination revision. The other factor is the impulsive nature to address digital distractions.

Using Apps such as *Freedom* (blocks distractions such as social media and the internet for a dedicated study period) and *Tomato Timer* (used to break down larger tasks into more manageable chunks) and *Mindfulness Bell* (set a given study time with alarms which randomly alert you to your current state of mind and activity) might be considered as learning aids to help address procrastination.

Thank you for the continued support of your daughter's learning journey at Mary MacKillop College.

Louis de Jager

Deputy Principal



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Burnside 08 8338 2625

From the Religious Education Coordinator

Adriana Sotira

200 Years of Catholic Education

On Monday 24 May the College Captains and Social Justice Captains attended the South Australian Mass for the Bicentenary of Catholic Education held at St Francis Xavier's Cathedral. It was a wonderful liturgical celebration of South Australian Catholic schools joining together to recognise the contribution of all those who were involved in building Catholic Education in Australia. And with faith and hope for the contribution of generations to come.

Year 8 Retreat - In the Footsteps of Mary MacKillop Pilgrimage

On Thursday 20 and Friday 21 May, the Year 8 students attended their retreat "In the Footsteps of Mary MacKillop Pilgrimage". The students visited various sites of great significance to Mary MacKillop. Our pilgrimage began at St Mary's Chapel, Port Adelaide where Mary MacKillop was first presented as a Sister of St Joseph. They then travelled to Old Adelaide Gaol, and heard stories of Mary MacKillop's regular visits to the prisoners. The students enjoyed lunch at Bonython Park and then visited St Mary's Chapel in Franklin St, where Mary MacKillop was excommunicated. These retreat days are a great opportunity for spiritual growth.

Liturgical Celebrations

Corpus Christi Mass

On Thursday 3 June, the College gathered as a community to celebrate Corpus Christi with a Mass in the College Gymanisum. This Mass is celebrated as the Eucharist was of great importance to St Mary of the Cross MacKillop.

Reconciliation Week

Reconciliation is a journey for all Australians – as individuals, families, communities, organisations and importantly, as a nation. At the heart of this journey are the relationships between the broader Australian community and Aboriginal and Torres Strait Islander peoples. We all have a role to play when it comes to reconciliation, and in playing our part we collectively build relationships and communities that value Aboriginal and Torres Strait Islander peoples, their histories, cultures, and futures. 2021 marks 20 years of Reconciliation Australia and almost three decades of Australia's formal reconciliation process.

The students led a prayer over the PA on Monday 31 May.

Adriana Sotira

Religious Education Coordinator



01.06.21

From the Sports Coordinator

Zoe Duffy

Saturday Sport is well into the winter season. In Round 2, MacKillop teams wore pink to raise awareness for breast and gynaecological

cancers. It was fantastic seeing teams get involved and support a great cause. Well done to Year 11/12 MMC 2 who won our best dressed competition, by receiving the most likes on the College's Facebook page. To the teams that missed out on that elusive canteen voucher, don't worry, there will be a chance to win on 7 August, Round 10 (semi-finals). Teams will wear blue for Mental Health awareness.

Some of our Year 7 and 8 Soccer players competed in the School Sport SA 5-a-side competition earlier this term. Congratulations to the team on finishing in fourth place on the day. The Knock-Out Sport calendar is filling fast with our Year 7, Year 8/9, Year 10 and Open Netball teams as well as Open Basketball, Year 8/9 Futsal and Open Soccer teams all competing later this term. We wish them all the best of luck for their first round of games.

Student Achievement:

Congratulations to Scarlett (Year 7), who has been selected to represent East Adelaide at SAPSASA Netball. We wish her all the
best for the upcoming competition.

Reminders for Sport at MMC:

• If your daughter is unable to attend a training session, please notify Ms Zoe Duffy via zduffy@marymackillop.sa.edu.au or 0413 821 699



31.05.21

From the Future Pathways Coordinator

Melissa Couzner

Year 11 Career Sessions

Over the past week the Year 11 students have completed the Career Magnifier Assessment. This tool assesses the students' interest in a variety of activities, industries and occupations to identify potential career paths and areas of study.

I will be meeting with them one-on-one over the next three weeks to discuss in detail the industries and occupations identified in the assessments, focussing on potential career paths and areas of study for each student. Outside of school hours, sessions can be arranged for students who would like to include their parents.

I am more than happy to discuss these assessments with parents and I encourage you to ask your daughters to share their results.

I can be contacted via phone: (08) 8333 6300 or email: mcouzner@marymackillop.sa.edu.au. I work on Mondays, Wednesdays and Thursdays.

Year 9 Career Goal Setting

As part of the Year 9's Pastoral Care Program, I have met with the Year 9s to discuss the importance of goals, with a focus on students understanding their strengths and interests leading to career exploration. The students enjoyed the sessions and will be working on "My Career Action Plan" with their Pastoral Care Teachers. The idea of the session was to plant the career pathways seed, encouraging students to start thinking about ideas around career pathways and selecting their elective subjects for Year 10.

Work Experience Programs - Defence Force

The Defence Work Experience Program provides young Australians interested in Defence as a future career, the opportunity to sample life in Defence and to learn more about the Australian Defence Force (ADF) and the Australian Public Service (APS).

For more information on the Defence Work Experience Program and how to apply, click here.

If you are interested, please contact Melissa Couzner for more information via email: mcouzer@marymackillopcollege.sa.edu.au

Year 12 - University Visits

During the month of May, we have had visits from Flinders University, University of South Australia and The University of Adelaide.

Chelsea Skene from Flinders University visited the College to talk to Year 12 students interested in pursuing studies in the health area. Chelsea discussed the required ATARs for specific health degrees and alternative entry pathways, including information on the uniTEST. This was a wonderful opportunity for the students to find the information they needed in regards to Medicine, Nursing, Physiotherapy, Occupational Therapy, Speech Pathology, Midwifery, Health Science, Psychology, Nutrition & Dietetics, Optometry and Paramedicine.

Representatives from both the University of South Australia and The University of Adelaide visited the College. This was a wonderful opportunity for our students to find the information they need in regards to all University of South Australia/The University of Ade Courses. The presentations offered a comprehensive overview of study options at both Universities and covered information from student experience through to the applications and admissions process, including bonus points and pathways.

Career Awareness Day - Adelaide Zoo

Career Awareness Day at the Adelaide Zoo is a whole day program for individual students interested in an animal-based career. If you are a Year 10, 11 or 12 student who is passionate about wildlife and interested in a career with animals and conservation, this is a great opportunity for you to learn all about how you might become part of the zoo team one day.

There are opportunities available in Term 3 and Term 4. If you are interested, please contact Melissa Couzner for more information via email: mcouzer@marymackillopcollege.sa.edu.au

Careers Webpage

We have some excellent careers videos on our Careers webpage.

- 'A Day in the Life of a Vet'
- 'Careers in SAPOL'
- · 'Careers in Defence Forces'.
- 'The Young Professionals Podcast (TYPP) Series of podcasts where the hosts talk to young professionals about what they do in their day-to-day roles, how they got there and what they have learnt along the way.

Find Out More

Melissa Couzner

Future Pathways Coordinator

30.05.21

Health & PE @ MMC

Kate Marks

A snapshot of PE in Semester 1...

PE in Semester 1 has seen an assortment of exciting and challenging activities undertaken across multiple year levels. Specialist sport

lessons, specialist coach visits and excursions have led to a fulfilling and busy semester, where students have developed their knowledge, understanding and skills within the PE curriculum

Below are some of the many highlights from Year 7-12 PE:

Year 7

- Specialist Netball classes have been working hard to develop consistent netball skills with a focus on court transition. Part of this involved students watching video footage of their game play and highlighting strengths and future areas for improvement.
- The general PE class have been enthusiastic participants in a soccer unit led by an external soccer coach. They also participated in a fun-filled golf session from Golf SA as part of their target games unit.

Year 8

• Students in the general PE classes worked collaboratively to plan and implement fun fitness games after spending several weeks learning about different types of exercises, and how they link to the fitness components. Some of the games created included 'FitBingo' and 'FitSnap'

Year 9

- The Specialist Soccer class led by Old Scholar coach Gabriella have been building their skills and game play through challenging skills and drills each week.
- Specialist Netball students have continued to develop their netball skills through different types of court transitions and defensive strategies. One class has been busy planning netball activities to implement when they visit St Joseph's Memorial School later this semester for a netball skills session with the primary students!

Year 10

- Students in Ms. Eckert's class visited 24fit gym on The Parade Norwood as part of the Practical Fitness unit. Students participated in a fitness session to help further their knowledge of different fitness components.
- Her class has participated in a 4-week practical unit of Lawn Bowls at the Toorak Burnside Bowling Club. Mastering the bias of the bowls and learning the rules of the sport have been just some of the many highlights for the class.
- Ms Marks' PE class have been busy understanding the skills and game development in Ultimate Frisbee, Volleyball and Touch Football. Peer and self-assessment has enabled students to identify areas for improvement.
- Students in the new Healthy & Active Lifestyles course worked collaboratively to plan and implement a positive wellbeing/mental health strategy with groups of students from Year 7.

Year 11

• Students have recently worked collaboratively to plan and implement training sessions with the class that are linked to fitness components and energy systems required in AFL. Collecting heart rate data, observations and participant feedback played a critical part of their assignment.

Year 12

• The class are working hard and are a third of the way through their improvement analysis in cricket. They have recently completed biomechanical assessments on various skills and earlier in the semester, analysed and compared energy system usage in touch football.

Kate Marks

Health & PE Leader of Learning













29.05.21

Careers & Future Pathways Notices

Melissa Couzner

The University of Adelaide

Ingkarni Wardli Technologies Program

Download the Ingkarni Wardli Technologies Program Flyer

The University of Adelaide is excited to be running the Ingkarni Wardli Technologies Program during the July School Holidays, formerly the SANTAS Karnkanthi Indigenous Engineering School.

This program is open to Aboriginal and/or Torres Strait Islander students in Year 11 or 12 in South Australia who are interested in engineering, computer and/or mathematical science.

Held on our North Terrace campus in the heart of Adelaide, this immersive camp gives high school students the opportunity to experience the many different ways that engineering, computer science and maths can be applied to the real world.

Students will broaden their understanding of design, engineering, maths and technology by getting hands on through coding activities, testing robots, meeting industry representatives and so much more!

Dates: Monday 12th to Friday 16th July (Monday & Friday are travelling days)

Cost: Free of charge (1 guardian can travel with each student)

Travel, Meals & Accommodation: Included

Applications close on Friday 11 June 2021 and places are strictly limited!

For more information, please contact Wirltu Yarlu at wirltu.yarlu@adelaide.edu.au or check out their website!

Apply Now

Adelaide Tuition Centre

Revision Seminars

Adelaide Tuition Centre is holding Revision Seminars for Year 12 study courses held in Term 2 and 3 school holidays. Revision seminars are offered in the areas of Science, Humanities and Mathematics. They offer both half and full day sessions both face-to-face and virtually.

Term 2 Holidays

Monday 5 July-Friday 16 July

If you are interested in finding out more about the revision seminars, please contact Adelaide Tuition Centre on 8241 5568 or visit their website.

Alternatively, please contact Melissa Couzner via phone: (08) 8333 6300 or email: mcouzner@marymackillop.sa.edu.au

University Open Days

For information on the University Open Days in mid-August please refer to our Careers Webpage – University Information Tab to register your interest to visit Flinders University, University of South Australia and Adelaide University.

Clip Joint Education

Clip Joint Education are offering VET in Schools courses in Semester 2 in 2021. Courses available are listed below.

- Pathway to Hair + Makeup

 10 SACE Credits for Stage 1 short 9 days training (1 day per week) over 18 weeks
- Certificate II in Salon Assistant 45 SACE Credits for Stage 1
 Under TGSS funding Arrangement
- Certificate III in Hairdressing Partial 25 SACE Credits for Stage 2 (prerequisite Cert II in Salon Assistant)
- Certificate III in Hairdressing School Based Apprenticeship Stage 2
- Certificate II in Retail Cosmetics 60 SACE Credits for Stage 1
- Cert III in Makeup –55 SACE Credits Stage 2 (pre-requisite Cert II in Retail Cosmetics)

Want an outta-this-world space career?

Tickets to COSPAR-K are officially open!

Running in partnership with the NSW Department of Education's STEM Industry School Partnerships (SISP) Program, COSPAR-K is being run as a dedicated space-themed STEM event in Sydney this August. After a successful virtual teaser event, COSPAR-K Mission Control are thrilled to bring their in-person event to the ICC Sydney from Wednesday 11 – Sunday 15 August 2021. Tickets are 100% FREE and there is virtual access available.

Enjoy a galaxy of fun in our Awesome Activities Arena through interactive and hands-on experiences. Rockets, robots, bio-domes, drones and giant Martian and Lunar maps await.

There's more! Get inspired and informed through our Spectacular Speakers Schedule featuring international and local superstars: astronauts, Mars scientists, satellite missions, classroom activities, how you can get involved in space, are just some of the topics covered!

Book Tickets

28.05.21

Nationally Consistent Collection of Data on School Students with Disability 2021

It is a government requirement for all schools to participate annually in The Nationally Consistent Collection of Data on School Students with Disability (NCCD).

The NCCD collects data about school students with disability who are receiving adjustments across Australia in a consistent, reliable and systematic way. It enables schools, education authorities and governments to better understand the needs of students with disability and how they can be best supported at school. (www.nccd.edu.au)

Information gathered is used:

- as an evidence base, to give teachers, schools and sectors information about students with disability and the level of educational adjustment being provided
- to inform policy development and future planning to better equip schools and education authorities to support students with disability
- to improve understanding of the requirements and responsibilities of school teams and the broader community under the DDA and the Standards
- to capture the work of schools under the obligations of the DDA and the Standards, allowing students with disability to access and participate in education on the same basis as other students
- to highlight the individual needs of each student with disability by focusing on the level of educational support provided to them at school. (www.nccd.edu.au)

Information provided about students to the Australian Government for the NCCD includes:

- year of schooling
- category of disability: physical, cognitive, sensory or social/emotional
- level of adjustment provided: support provided within quality differentiated teaching practice, supplementary, substantial or extensive

Students' personal details are de-identified as a part of the data collection. Please contact Leanne Carr (Inclusive Education Coordinator) if you have any questions about the NCCD.

More information is available on the following website: https://www.nccd.edu.au/

Acknowledgement of Country



Mary MacKillop College acknowledges and pays respect to the Kaurna people, the traditional custodians whose ancestral lands we gather on. We acknowledge the deep feelings of attachment and relationship of the Kaurna people to country and we respect and value their past, present and ongoing connection to the land and cultural beliefs.

Opening Prayer



Reconciliation Prayer

Holy Father, God of Love, You are the Creator of all things. We acknowledge the pain and shame of our history and the sufferings of Our peoples,

and we ask for your forgiveness.

We thank you for the survival of Indigenous cultures.

Our hope is in you because you gave your Son Jesus to reconcile the world to you.

We pray for your strength and grace to forgive, accept and love one another, as you love us and forgive and accept us in the sacrifice of your Son.

Give us the courage to accept the realities of our history so that we may build a better future for our Nation.

Teach us to respect all cultures.

Teach us to care for our land and waters.

Help us to share justly the resources of this land.

Help us to bring about spiritual and social change to improve the quality of life for all groups in our communities, especially the disadvantaged.

Help young people to find true dignity and self-esteem by your Spirit.

May your power and love be the foundations on which we build our families, our communities and our Nation.

Through Jesus Christ our Lord.

Amen

Enrol Now For 2022 And Beyond

Mary MacKillop College is currently accepting enrolments for Year 7 and 8 2022 and 2023. To enrol your daughter or to find out more information, please contact the College Registrar, referencing this newsletter advertisement via:

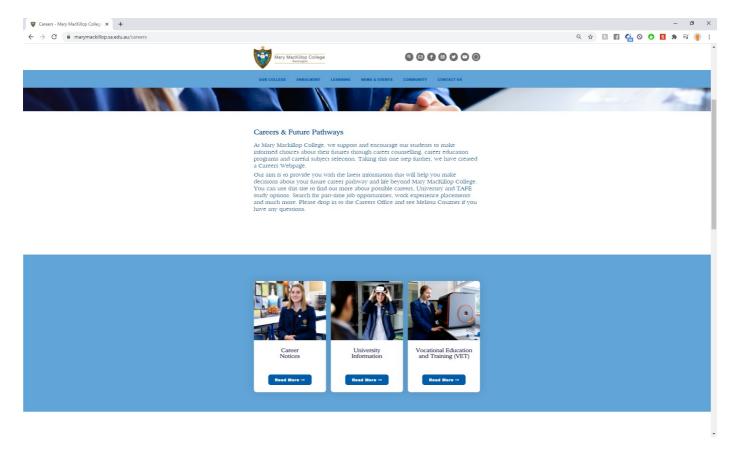
Phone | (08) 8333 6300 or

Email | admin@marymackillop.sa.edu.au.

Alternatively, you may visit our website.

Please note: in order for students to attend our Transition Mornings (Autumn, Winter and Spring), the enrolment process must be completed and placement confirmed.

NEW Careers Webpage



At Mary MacKillop College, we support and encourage our students to make informed choices about their futures through career counselling, career education programs and careful subject selection. Taking this one step further, we have created a **Careers Webpage**.

Our aim is to provide students with the latest information that will help them make decisions about their future career pathway and life beyond Mary MacKillop College. Students can use this page to find out more about possible careers, University and TAFE study options. They can also search for part-time job opportunities, work experience placements and much more. Please drop in to the Careers Office and see Melissa Couzner if you have any questions.

From the Canteen Coordinator

We have partnered with Flexischools to make school lunches even easier

We are excited to confirm the introduction of a new online ordering system called Flexischools commencing from **TUESDAY 27 APRIL 2021**.

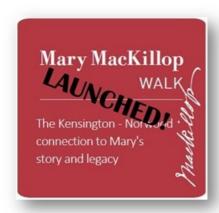
Flexischools is a well-established organisation allowing you to easily place all your canteen orders online at any time.

- Download the Flexischools App
 Note: for iPhone and iPad please select 'Allow' notifications.
- 2. Add your School and Group

 Click on the search icon, enter your school name, select your school and year group, or groups relevant to you.
- Login/Register
 Click the 'Order now' button located in the bottom right-hand corner of the app, this will open a login screen.
- Already a Flexischools user Enter your details and login. To save your login details select 'remember me'.
- New Flexischools user Click 'Register', enter your email address and follow the instructions in the email to set up your account.
 Once your account is set up, add new student; search for our school, enter student details and select their class.

We hope this step forward will support families with a more convenient and efficient process of placing canteen orders.

Mary MacKillop Walk



Mary MacKillop Precinct are delighted to announce that the much-anticipated Mary MacKillop Walk was launched on Sunday 18 April.

The suburbs of Kensington and Norwood figure prominently in Mary's story. She was an active and much loved figure in the local community along with her Josephite Sisters. These were women ahead of their time who believed in educating the mind and heart and with a keen sense of social justice. The new dedicated, signposted *Mary MacKillop Walk* brings together a rich history and sense of place to Mary's legacy.

The walk hosts 14 unique Saint Mary of the Cross MacKillop stops, each with their own significant story. The walk will take a leisurely 60-90 minutes, is accessible for all and is signposted thanks to a 2020 grant from the SA History Trust. A detailed guided booklet is available from Mary MacKillop Museum, the Norwood Town Hall or online at www.marymackillopadelaide.org.au

At the starting point of this walk is the Mary MacKillop Museum, an interactive and sensory showcase of Australia's first saint and the Josephite Sisters. Very fittingly, the circular walk finishes at the Museum's new High Street Café!

Free guided tours of the walk are available on the 1st Wednesday and 1st Sunday of every month at 10.30am, meeting at Mary MacKillop Museum, 19 Phillips St, Kensington. Bookings are essential. To book, phone the Museum: (08) 8130 5910 or email: info.mmprecinct@sosj.org.au.

Be part of living history!

Principal's Tour

Junior Campus
Tuesday 4 May
Saturday 29 May
Tuesday 22 June

Senior Campus
Thursday 6 May
Saturday 29 May
Thursday 24 June

Register online www.cbc.sa.edu.au/tours

For more information phone **8400 4210**

Christian Brothers College

A Co-Ed ELC and R-Year 12 Catholic College for Boys in the Edmund Rice Tradition



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