



Important Dates

**ANZAC Day Public
Holiday**
Monday 26 April

Term 2 Commences
Tuesday 27 April

Awards Assembly
Thursday 29 April

**Year 7-10 Parent
Teacher Night**
Tuesday 4 May

Upcoming Events

09.04.21

From the Principal

Kath McGuigan

This is the final newsletter for Term 1 and I thank everyone for their work this term.

Schools are busy places and during this term, we have had our Swimming Carnival, Athletics Carnival, Year 7, 8 and 9 Camp. We have had our Beginning of Year Mass, St Joseph's Day Mass and Lenten Liturgy. I hope that because restrictions have eased, we will be able to attend Saint Ignatius Catholic Parish next term.

This week, our Year 12s have been at Nunyara Conference Centre in Belair for their Retreat. It is a fitting way for them to end the term, to pause, reflect and deepen their relationship with God.

I was saddened by the news of the death of Carla Zampatti. Sometimes you are not sure why the death of someone has such an impact. I felt a real sense of loss and was sad for her family and her business community. She was an Australian icon. A trailblazer for women. Carla Zampatti was born in Italy in 1942 and arrived in Australia with her family in 1950. Zampatti was an influential fashion designer and ran a very successful business. She held a number of directorships and at one point was the Chair of SBS. She loved the Arts and ensured that a scholarship was available to a young person in Australia so that they could study fashion in Milan, New York or London. Carla Zampatti was an inspiring woman who always believed that women should be able to work so that they could be financially independent. At our Good News Assembly this week, I shared my thoughts with staff and students so that we could remember what a wonderful woman and great Australian she was.

This week, we farewelled Joleen Hall and Teagan Schmidt who have been with us this term. We wish them all the best for their next teaching contracts.

Next term, we welcome back Louise Tyler and Miescha Archibald from their Leave.

I wish everyone a relaxing term break and hope that you come back full of hope and enthusiasm for Term 2!

Kath McGuigan

Principal

08.04.21

From the Deputy Principal

Louis de Jager

I am certain you would agree that this term has been tremendously busy. As we approach the end of Term One, I convey my thanks and congratulations to the students, staff and parents of the College for all that has been achieved. Thank you to everyone as we work together to ensure we open every door available for enhancing the learning of our students.

Term 2 - Winter Uniform. At this time of the Term, it is important to begin the process of 'dusting off' your daughter's uniform in preparation for Term 2, students are expected to wear the correct winter uniform to school from the first day of next term. It really does make a difference in terms of high standards and culture of excellence towards which we strive at Mary MacKillop College. Blazers must be worn to and from the College in Term Two and Three.

At this point, I would like to draw your attention to the calendar date for Parent Teacher Night. The Parent Teacher Night for Year 7-10 will be held on Tuesday 4 May from 3.15pm to 7.30pm. A letter has been emailed to all parents with instructions as to how to book for the different sessions. I strongly encourage you to attend as it is a very valuable opportunity to discuss your daughter's progress with her teachers. Thank you in advance for your involvement in these important discussions regarding your daughter's progress. We look forward to seeing you there.

In the NAPLAN program, all students in Year 7 and 9 are assessed using national tests in Reading, Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy. NAPLAN results provide teachers with useful feedback about a child's literacy and numeracy skills from a point in time. This year, these tests will take place from Wednesday 12 to Thursday 20 May, using the online platform.

I hope you all have a lovely break with family.

Louis de Jager

Deputy Principal

From the Director of Students

Lauren Sutton

As the term draws to an end, the Easter break seemed to offer us a taste of holidays fast approaching. While the two week break provides students, staff and families the chance to relax and unwind, it can also trap teenagers and adults alike into unproductive habits that we have worked so hard to avoid over the term. I encourage all students to stick to regular sleep times, to get enough sleep, exercise and to limit screen time. This will only make coming back next term all that bit easier. This goes for us teachers as well! Unlimited time on Netflix, limited time outside and connections only in the online sense are not great for anyone's wellbeing.

On that note, the Wellbeing Ambassadors launched at the Good News Assembly this week the 'Smile Project'. The group, tasked with bringing to life the wellbeing qualities of Compassionate, Connected, Resilient, Optimistic, Persistent and Self-Assured have created a program aiming to bring smiles to people's faces in Terms 2 and 3. There is a lot of research around the science behind a smile. It turns out that this seemingly small gesture involves a number of our body's systems working together – including our brain, nerves and hormones. When we smile, little chemical messages are released into our nervous system. These messages communicate with our brain to let us know we are 'happy'. This communication then triggers the brain to produce and release the 'feel-good' hormones - dopamine, endorphins and serotonin. This winning combination of hormones help relax the body and lifts your mood. Dopamine motivates us to continue rewarding behaviors like smiling, endorphins trigger positive feelings in the body, while serotonin helps regulate your mood. The release of these chemicals send signals to other nerve cells and from there, the good vibes spread as they create a positive feedback loop. We smile, we feel good. We feel good, we smile. We cannot wait to see what the Wellbeing Ambassadors have in store for us over the coming terms.

Enjoy the well-earned break, find time to rest, to get outside and of course to smile.

Lauren Sutton

Director of Students



05.04.21

From the Sports Coordinator

Zoe Duffy

Term 1 Sport

Well done to all students who participated in Term 1 Sport. Students should be congratulated for the manner in which they represented the College. The sportsmanship, teamwork and leadership displayed from all 14 of our teams is something to be extremely proud of. I hope to see all students back playing summer sport in Term 4.

Special congratulations to the following teams for their performances this season:

- Tennis Senior MMC 1, A Grade Champions
- Touch Football Middle MMC 1, C Grade Champions
- Volleyball Senior MMC 1, A Grade runners up
- Volleyball Senior MMC 4, C Grade runners up
- Volleyball Middle MMC 1, B Grade runners up
- Tennis Middle MMC 1, C Grade runners up
- Volleyball Senior MMC 2, B Grade 3rd place
- Volleyball Middle MMC 3, C Grade 3rd place.

SACGSSA Swimming Carnival

On Wednesday 24 March, 21 students represented the College at the Catholic Girls Swimming Carnival, held at SA Aquatic Centre.

Our girls were wonderful representatives of the College and competed to the best of their ability on the day. This year, Mary MacKillop placed 5th overall in A Grade, an excellent achievement. The team should be very proud.

Swim Squad

I would like to take this opportunity to acknowledge students who attended Swim Squad throughout Term 1. Their dedication and commitment in attending several early morning Swim Squad training sessions is to be congratulated. I would also like to say a big thank you to Ms Parente and Ms MacLennan for supervising the sessions and supporting the squad throughout the term.

Melbourne Netball

Congratulations to the following students who have been selected to represent the College at the upcoming Waverley International Netball Tournament in Melbourne, Victoria.

Stephanie, Rosalie, Amber, Anida, Matilda, Sabrina, Charlotte, Jessica, Piper and Alissa

We wish the team all the best for their preparations in the lead up to the carnival, which is scheduled to be held in Week 10, Term 2.

Student Achievements

Congratulations to the following students on their recent sporting achievements:

- SACGSSA Athletics new record holders, Poppy U/21 3000m, Allegra U/21 800m and Kaysii U/13 100m, U/13 200m, U/13 Triple Jump
 - Amelia, selected in the Under 17 State Netball
 - Tara, selected in the Under 18 State Lawn Bowls
 - Ella recently competed at the National Open Water Swimming Championships in Queensland
 - Kaysii & Keeleigh competed at the Little Athletics State Individual Championships. Keeleigh finished 4th in the 200m and 8th in Triple Jump. Kaysii was bronze medalist in Triple Jump, 100m and the 200m.
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Reminders

- Changes to the upcoming Term 2/3 Winter Sport season will be communicated to students via email and the student bulletin
 - The training schedule and weekly game schedule will be available on the Sport Portal Page on SEQTA
 - Students who ordered a soccer or netball uniform, will be notified in Week 1 when their uniform is available to collect.
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Zoe Duffy

Sports Coordinator



04.04.21

The Arts @ MMC

The Arts Learning Area Teachers

Arts students have had a busy term being involved in a wide variety of experiences.

Year 7 and 8 Music classes were visited by guitar tutor, Gary Isaacs, for a demonstration of various guitar-like instruments, such as acoustic and electric guitars, bass guitar, banjo and ukulele.

Week 6 saw one of our Arts Captains, Isabella, join other arts, music and ensemble captains for a jam session run by world renowned pianist and educator Kym Purling through AHOMINGS. Students were tasked with writing a song together.

"I really enjoyed meeting Captains from other schools. It was amazing to see what we could all achieve in 15 minutes. If others were to see the talent in that room, I believe it would inspire them to join music, even if it was only to jam out with their friends like we did that afternoon." – **Isabella**

Our Italian language and culture choir, Italcanti welcomed their new ensemble director and opera singer, Teresa LaRocca, this term. They had huge success at their first performance at the Good News Assembly. Italcanti members look forward to encouraging other students to join in Term 2 and enthusiastically work toward more opportunities to sing.

Highlights in dance include Year 7s learning about pattern, shape and use of space when developing choreography, replicating the patterns of a kaleidoscope.

Year 8 students as well as the Junior Dance Performance Team have been learning about Indigenous culture through dance, looking at the important connection between land and culture. Acknowledgement of Country forms an important part of assemblies and Liturgies, building understanding and empathy. Dance students have loved the opportunity to express these qualities through dance. The Junior Dance Performance Team are looking forward to presenting their heartfelt contemporary piece as part of Reconciliation Week next term.

Year 7 Drama students have developed skills in tableaux and mime and were honored to share these skills when performing a visual representation at our Lenten Liturgy. The Year 8 Drama class had a great time performing their self-devised game shows, demonstrating their creativity and confidence.

Arts Captains, Isabella and Alessia, along with the Student Leadership Team enjoyed running fun Arts sessions in music, drama and dance. The purpose of these sessions were to give the Year 8 students a taste of The Arts. The students enjoyed being involved in hip

hop dance, drama games and learning new songs together. They are looking forward to running these sessions in Term 2 for the Year 7 students.

Year 8 Art students were floating on air with excitement during their lessons when Nicole, a balloon artist, came in to sculpt imaginative balloon art. As part of the tone topic, students had to develop photography skills, taking photos of their balloon sculptures showing highlights and shadows. The second stage focuses on colour and composition, where the students will be drawing their balloon sculpture and shading it using soft pastels.

Year 10 Art students are undertaking a cross-curricular task with Science, researching imagery under the microscope. Students spent time in the Biology lab taking photographs of everyday objects, for example: cotton wool, glitter, bugs, blood and plant life. They are now developing these images and will be painting them as an abstract composition on canvas in acrylic paint.

Congratulations to 2020 Year 12 Art student, Sophie Dix-Richards whose artwork was selected to be exhibited in the SACE 2021 Art Show held at the Light Square Gallery, Adelaide College of the Arts from 23 March - 16 April.

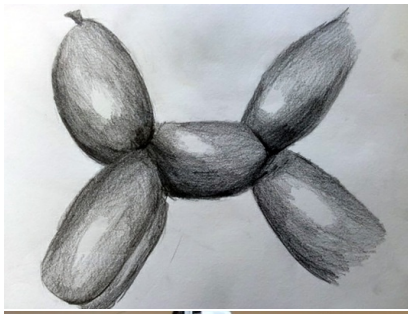
Our current Year 12 Art and Design students recently visited the SACE Art Show to inspire and inform them of the processes involved in their upcoming folio and practical assessment tasks.

Well done to all students who were involved in The Arts this term. We look forward to you all being involved in more exciting learning opportunities next term.

Romina Penna, Linda Di Blasio, Gavin Hughes, Jasmin Watkins and Rachel Scott

The Arts Learning Area Teachers







03.04.21

From the Future Pathways Coordinator

Melissa Couzner

Year 12 Career Counselling Sessions

This term, I have had the pleasure of meeting with your daughters individually to review their online career assessments and identify their career pathways. I encourage you, if you have not already, to ask your daughters to show you the results of their online assessments and to discuss the individual email that I sent to each of them after our session. The email highlighted the pathways that we discussed, including links to University and TAFE study options, career videos on their interested professions, links to example job roles as well as employment options through traineeships and apprenticeships.

Through this process we have identified areas that your daughters want to learn more about, particularly, pathways to studies that require high ATAR's and the available options if they do not achieve the required ATAR.

I believe that this has been both an interesting and enlightening experience for your daughters and I will be following up with them throughout Term 2 to provide further career counselling.

If you have any questions regarding your daughter's career counselling session, please do not hesitate to contact me via phone: (08) 8333 6300 or email: mcouzner@marymackillop.sa.edu.au.

Clip Joint Education

Hair & Makeup - 2 Day Introductory Course

Clip Joint Education is pleased to provide our students with their newly revised Hair & Makeup - 2 Day Introductory Course coming up in the April School Holidays.

The course is a fantastic way to spark enthusiasm and passion, and to have fun! Also, it may help students discover if this is the career path they would like to follow.

The course includes:

- Introduction to hair and makeup industry
- Personal grooming
- Salon communication
- Long hair styling
- Braiding
- Salon practical skills
- Personal Makeup basics
- Skin care basics
- Choosing and applying a flawless base
- Enhancing your face and eye shapes
- Eye shadow techniques
- Casual/professional/evening makeup looks
- Career pathways

For any students interested in completing Clip Joint Education's hair and makeup course, please contact Melissa Couzner via email: mcouzner@marymackillopcollege.edu.sa.au for an application.

If you have any enquiries regarding the course, you may contact Robyn Barker from Clip Joint Education via phone: (08) 8223 5600 or email: robynbarber@clipjoint.com.au

Inviting Professionals in Law, Journalism, Business, Architecture, Real Estate, Engineering, Beauty & Hairdressing

The College is seeking professionals and field experts to join our Year 10 girls in a Q&A session as part of Futures Week in June (Term 3). We have surveyed the girls to discover the career pathway/s they wish to follow and/or are interested in.

Futures Week aims to provide MacKillop girls with experiences and opportunities that will assist them to make decisions about their future study pathways and career opportunities. If you are a parent or Old Scholar that would like to be involved or you know someone that might, please contact Melissa Couzner, our Future Pathways Coordinator via phone: (08) 8333 6300 or email: mcouzner@marymackillop.sa.edu.au

Adelaide Tuition Centre

Revision Seminars

Adelaide Tuition Centre is holding Revision Seminars for Year 12 (Stage 2) courses in the Term 1, 2 and 3 school holidays. Revision seminars are offered in the areas of science, humanities and mathematics. They offer both half and full day sessions and both face-to-face and virtually sessions.

Term 1 Holidays

Monday 12 April–Thursday 15 April (Week 1 of Term 1 School Holidays)

If you are interested in finding out more the revision seminars, please contact Adelaide Tuition Centre via phone: (08) 8241 5568 or visit their website

Alternatively, you may contact Melissa Couzner via phone: (08) 8333 6300 or email: mcouzner@marymackillop.sa.edu.au

Melissa Couzner

Future Pathways Coordinator

Acknowledgement of Country



Mary MacKillop College acknowledges and pays respect to the Kaurna people, the traditional custodians whose ancestral lands we gather on. We acknowledge the deep feelings of attachment and relationship of the Kaurna people to country and we respect and value their past, present and ongoing connection to the land and cultural beliefs.

Enrol Now For 2022 And Beyond

Mary MacKillop College is currently accepting enrolments for Year 7 and 8 2022 and 2023. To enrol your daughter or to find out more information, please contact the College Registrar, referencing this newsletter advertisement via

Phone: (08) 8333 6300 or

Email: admin@marymackillop.sa.edu.au.

Alternatively, you may visit our [website](#).

Please note: *in order for students to attend our Transition Mornings (Autumn, Winter and Spring), enrolment process must be completed and placement confirmed.*

NEW Careers Webpage

Careers & Future Pathways

At Mary MacKillop College, we support and encourage our students to make informed choices about their futures through career counselling, career education programs and careful subject selection. Taking this one step further, we have created a Careers Webpage.

Our aim is to provide you with the latest information that will help you make decisions about your future career pathway and life beyond Mary MacKillop College. You can use this site to find out more about possible careers, University and TAFE study options. Search for part-time job opportunities, work experience placements and much more. Please drop in to the Careers Office and see Melissa Couzner if you have any questions.

Career Notices

University Information

Vocational Education and Training (VET)

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From the Canteen Coordinator

We have partnered with Flexischools to make school lunches even easier

We are excited to confirm the introduction of a new online ordering system called Flexischools commencing from **TUESDAY 27 APRIL 2021**.

Flexischools is a well-established organisation allowing you to easily place all your canteen orders online at any time.

Flexischools allows you to easily place all your canteen orders online at any time.

1. Download the Flexischools App
Note: for iPhone and iPad please select 'Allow' notifications.
2. Add your School and Group
Click on the search icon, enter your school name, select your school and year group, or groups relevant to you.
3. Login/Register
Click the '**Order now**' button located in the bottom right-hand corner of the app, this will open a login screen.
 - Already a Flexischools user - Enter your details and login. To save your login details select 'remember me'.
 - New Flexischools user - Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for our school, enter student details and select their class.

We hope this step forward will support families with a more convenient and efficient process of placing canteen orders.

Principal's Tour

Junior Campus

Tuesday 4 May

Saturday 29 May

Tuesday 22 June

Senior Campus

Thursday 6 May

Saturday 29 May

Thursday 24 June

Register online

www.cbc.sa.edu.au/tours

For more information phone

8400 4210

Christian Brothers College

A Co-Ed ELC and R-Year 12 Catholic College
for Boys in the Edmund Rice Tradition

